

2. KACCHŪ (SCABIES)

A. Single formulations

Sl. No.	Name of the formulation (Botanical/ Mineral/ Metallic preparations)	Auśadha kalpanā (Dosage form)*	Mātrā (Daily dose)	Anupāna (Vehicle)	Textual reference
1.	Śirīṣa Twak (Albizzia lebeck)	Swarasa/ Kwātha	Q. S. Ext. Appln.	-	C.S.Ci. 7/96
2.	Kākamācī (Solanum Indicum)	Swarasa	Q. S. Ext. Appln.	-	C.S.Ci. 7/96
3.	Śuddha gandhaka (Sulphur)	Cūrṇa	500 mg BD	Honey/ Milk	Rm. 2/18

B. Compound formulations

Sl. No.	Name of the formulation	Auśadha kalpanā (Dosage form)*	Mātrā (Daily dose)	Anupāna (Vehicle)	Textual reference
1.	Somarājī Taila	Taila	Q.S Ext.	-	B. R. Kuṣṭha

			Appln.		Cikitsā
2.	Haridrā khaṇḍa	Pāka	3 gm BD	Mañjiṣ ṭhādi kwātha	B. R. Śītapitta Cikitsā
3.	Tuvaraka Taila	Taila	Q.S Ext. Appln.	-	S.S.Ci. 13/20-23
4.	Rasamāṇikya Rasa	Rasa	125 mg BD	Honey	B. R. Kuṣṭha Cikitsā
5.	Nimbādi Cūrṇa	Cūrṇa	3 gm BD	Guḍūcī Kwātha	B. R. Vātarakata Cikitsā

C. PATHYAPATHYA (Do's and Don'ts)

	Pathya (Do's)	Apathya (Don'ts)
Cereals	Old barley, wheat, rice	
Pulses	Green gram (mudga), pigeon pea (arahara), masūra	Black gram (uḍada)
Fruits & vegetables	Cucumber (khīrā), paṭola, kākamācī, garlic	Radish

Others	Bitter dietary substances, old ghee, mustard oil, sesame oil, nimba oil, cow's urine	Sour and heavy substance, newly harvested cereals, milk, curd, sugarcane product, jaggery etc.
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Note:

1. The above are certain suggested choices only.
2. The Pañcakarma and other procedures if any required may be rationally adopted by Physician on case to case basis.
3. The above mentioned dose is for the use of adults. However, dose and duration of therapy, pathya & apathya may be conveniently decided by the Physician on case to case basis on Āyurvedic principles.